



**Free Newsletter**

**May 2010**

## **“Time To Renew”**

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[www.mariadandrea.com](http://www.mariadandrea.com)

*Isten hozott,*

This is a time of movement and change.

When people say-“Spring is in the air”- they do not realize they are stating a truth. The energies at this time are connected to the element of air.

Air is the power of change and movement, of intellect and the power of a quick mind, of new starts and wisdom. We are all connected to air. We need air to breathe, to live.

Air is connected to the direction of the East. A place of sunrise and again intellect. In the occult (occult just means wisdom) system, the main color associated is yellow. This color attracts to you joy, harmony, wisdom, psychic abilities and visions.

Wearing or being around this color helps you be in the flow with the air element / energies.

To help you to manifest and utilize these energies, add some of the correlations to your daily life.

Some of the Rituals at this junction are positive for the purposes of: studying, teaching, for freedom, travel and knowledge.

Herbs you can incorporate which are connected to air are ones with a scent, herbs like dill, anise, caraway, mint or some leaves.

Musical sounds have a universal connection to nature, planets, the universe and all of us. For air, all wind instruments will work as a manifesting tool.

### **Air Spell ©**

Take a feather, hold it in your hand and focus on “feeling” the wind blow around you. Then with intent, say (verbal or non-verbal):

I now create in my life

(\_\_\_ fill in what you're creating\_\_\_\_\_)

Through air and sky,

Through wind and power,

I manifest with air's help stronger.

So Be It.

Take the feather and throw it to the wind. Walk away without looking back. It is now done.

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This is the time of dawn, of new starts. Utilize these energies to attract new, positive situations into your life. Go outside. Breathe deeply the fresh air and connect with it.

Focus on the associations with air and choose what to create for yourself.  
Go outside with a happy outlook and manifest your hearts desire now.

**Pass on this website ([www.mariadandrea.com](http://www.mariadandrea.com)) with  
this free newsletter to all who you think can use prosperity.**

Look for the next Newsletter to continue your inner growth and power.

(Classes available – group or privately by phone)

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*May God Bless You Abundantly, Maria*